



It's Official. We're shouting it out!



*Registration for Central Great Lake Region's
Spring Conference 2024 is
Now Open!*

So, start officially counting the days until our Conference doors open on April 7, at 10:30 am, at Adath Israel in Cincinnati, Ohio!

These past months have been emotionally challenging with heart-wrenching reports from Israel as well as accounts of rising antisemitism worldwide. As stewards of our beautiful heritage, we're all working to keep its flame bright in our corner of the world, right now, in real-time.

We invite you to take a break and renew your spirit so that as **Sisters Strong**, we can ensure the flame of Conservative Judaism burns strong and ever-bright! At our conference, we'll have the opportunity to strengthen our resilience, sharpen our perspective on the world around us, stand strong as women of shared values and have some fun along the way! So, let's get registration started. It's easy breezy.

Step One:

Please take a look at the overview of the Conference Schedule below. We have many activities planned for you, some of which will require you to register. A complete description of the workshops is at the end of this schedule and the bios of our presenters is attached. You'll make your workshop selections on the registration form.

Conference Schedule
Beyond the Eclipse ... Sisters Strong
Sunday April 7 - Tuesday, April 9, 2024

Sunday, April 7 - A Casual Day

10:30 am	Registration at Adath Israel. Coffee will be available; The gift shop will be open. Browse the Information tables for CGLR's Tzedakah Project, Masorti Movement Bar/Bat Mitzvah Program for Children with Special Needs, and The Jewish Family Foundation
11:45am - 1:00 pm	Presidents Session/ President lunch with Margie Miller
12:00 - 1:00 pm	Welcome - Marlene Ostrow, Conference Co-chair Delegate Lunch
1:00 - 1:15 pm	Break
1:15 - 2:15 pm	Plenum Session <ul style="list-style-type: none">- Conference officially opens/Pam Schlosberg, President, CGLR- Invocation, Rabbi Elena Stein- Greetings from WLCJ - Margie Miller, Past International President, WLCJ- Fran Hildebrandt, Immediate Past President/Nominations- CGLR Update, Pam Schlosberg
2:15 - 2:30 pm	Break
2:30 - 3:30 pm	Session I – Workshops <ul style="list-style-type: none">• <u>Shabbat Candle Décor</u> Betsy Goldfarb• <u>Prayers-Let's Make It Personal</u> Ilana Ben-Ze'ev• <u>Book Club: The Genius of Israel</u> Miriam Parker
3:00 - 3:45 pm	Break

3:45 - 4:45 pm

Session II – Workshops

- Shabbat Candle Décor
Betsy Goldfarb
- T'filot Through Shirot
Debbie Lempert and Robin Lash
- Don't Tell Me to Relax, I am Relaxed!
Leah Marcus

4:45 - 6:15 pm

Break / Check into the hotel

6:30 - 7:45 pm

Dinner

Milestone Awards

Keynote Speaker, Margie Miller

8:00 - 10:00 pm

Region Party

Hospitality Suite; Embassy Suites by Hilton

Entertainment, Snacks, Blind Auction - Fun!

Monday, April 8

6:30 - 8:30 am

Breakfast at the Hotel

9:00 - 10:00 am

Shacharit - led by members of CGLR

10:00 - 10:15 am

Break

10:15 - 11:45 am

Engagement Workshop - Margie Miller

11:45 - 12:00 pm

Break

12:00 - 1:30 pm

Torah Fund Luncheon

Torah Fund Awards

1:30 - 1:45 pm

Break

1:45 - 2:30 pm

Out of this World:

The Sun, Moon, and Stars through Jewish Texts

Rabbi Rand Burke

2:30 - 2:45 pm

Break - Grab those sunglasses!

2:30 - 3:15 pm	Watch the Eclipse Eclipse Guide: Susan Farber
3:30 - 4:30 pm	Israeli Update- Zoom live from Israel! Naomi Leitner, a member of our CGLR Kehillah, Hod v' Hadar
4:30 - 6:00 pm	Break to change at Hotel
6:00 - 6:15 pm	Group Photos
6:15 - 9:00 pm	Installation Dinner Meal - 6:15 pm Break - 7:30 pm Program - 7:45 (Virtual also) <ul style="list-style-type: none"> ○ Valued Volunteer ○ Discharge of Officers 2021-2024 Installation of Officers 2024-2026 Dessert - 9:00 pm
10:00 pm	Informal Gathering in President's Suite

Tuesday, April 9

6:30 - 9:00 am	Breakfast at the hotel
9:45 am	Meet at The Nancy and David Wolf Holocaust & Humanity Center 1301 Western Ave, Cincinnati.
10:00 - 11:00 am	Docent- led Tour(s)
11:00 - 11:30 am	Free time to explore the Museum
11:30 am - 1:00 pm	Box Lunch CGLR Board Orientation / Meeting
1:00pm	Conference Ends

Step Two:

Please review the workshop information below

Workshop Overview

Session One

- **Shabbat Candle Décor - Betsy Goldfarb**

Create beautiful Shabbat candlesticks using pressed flowers and melted wax to decorate them. You will leave with a unique set of candles as well as the knowledge and information to run your own workshop with your sisterhood affiliate. (There is an additional \$15 supplement to cover the cost of supplies for this workshop - payable as you enter) Limited to 20 people.

- **Prayers-Let's Make It Personal - Ilana Ben-Ze'ev**

Our siddurim are full of prayers but often those prayers have little to do with our worries and concerns. They were written by men, a long time ago. What makes a prayer? We'll look at some new and modern prayers written by women, and we'll talk about the elements of prayer. Then we'll take some time to write our own prayers and share if we want.

- **Book Club: The Genius of Israel – Miriam Parker**

Explore the reasons behind Israel's unique resilience in a turbulent world and examine a gripping analysis of the why and how of Israel's amazing strength. Although Israel is now at war with Hamas, discover why the authors, Dan Senor and Saul Singer, see reason for hope.

Session Two

- **Shabbat Candle Décor - Betsy Goldfarb**

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- **T'filot Through Shirim - Debbie Lempert and Robin Beth Lash**

From *L'cha Dodi* to *Adon Olam*, music helps to bring *neshama* (heart) to praying. Melodies vary for most prayers. Some are centuries old, where others are newer. You will walk away learning about each prayer and learning a new tune to bring back to your synagogue.

- **Don't Tell Me to Relax, I am Relaxed! – Leah Marcus**

We're living in a very different world than we may have anticipated. Our children are struggling at school and university. Politics divide us, challenging our relationships. Our home responsibilities are overwhelming. Our Jewish communities are changing. Where do we turn to care for ourselves? With so many competing priorities and interpersonal challenges, how do we find the time?

Engaging in self-care on a regular basis reduces stress and enhances our well-being, but this session will help you identify real, accessible, and exciting strategies to relax, go forward, and thrive during these tumultuous times.

Step Three – Select your options for:

- **Meals: Choose the meals you will attend**
 - **Box Lunch, Sunday, April 7**
Upon arrival to the conference these box lunches will be available.
 - **Dinner, Sunday, April 7, 6:30pm.**
Milestone Awards will be presented.
 - **Lunch, Monday, April 8, 12:00 noon, Torah Fund Luncheon**
Torah Fund Awards will be presented.
 - **Banquet Dinner, Monday, April 8**
Valued Volunteer Recognition and Awards
Discharge of 2021-2024 CGLR Officers
Installation of 2022 – 2026 CGLR Officers
 - **Lunch, Tuesday, April 9**
Box lunch will be available at the museum following the tour
- **Virtual Programs:**
 - The Plenum session, Sunday, April 7, 1:15pm.
 - Monday dinner program
- **Workshops:**
You will select the workshops you want to attend on the registration form

Step Four - Don't forget these things to complete your registration!

- **Registration Notification:**
 - After you register, you will receive another email with some additional links to complete the registration. There is a questionnaire about allergies, transportation, and Shabbat. There are also links to sign up to participate in tefillot, volunteering at Conference, and a fact sheet about the eclipse.
- **Payment:**
 - **Registration will be paid through PayPal or by check.**
 - **Please make your check payable to: Central Great Lakes Region and send to:
Wanda Pitzele, 2885 Parkwalk Drive; Cincinnati, Ohio 45239**

Step Five: Register by clicking the button below!

Marlene Ostrow and Wanda Pitzele
Conference Co-Chairs

Pam Schlosberg
CGLR President

We're looking forward to seeing you in Cincinnati!
We have your sunglasses!



