“The meaning of Shabbat is to celebrate time rather than space. Six days a week we live under the tyranny of things of space; on Shabbat we try to become attuned to holiness in time. It is a day on which we are called upon to share in what is eternal in time, to turn from the results of creation to the mystery of creation.”

            Abraham Joshua Heschel

1. Heschel uses the words “Tyranny of things of space” for the days that are not Shabbat. What do you think he meant by this?
2. In today’s world, what do you think are some examples of “things of space”?
3. What is the focus of Shabbat according to Heschel?
4. How do we get away from the “things of space” on Shabbat?
5. In your life, what are some examples of things that are eternal in time?
6. As you know, WLCJ has as its theme for this year the concept of Atid, the future. How do these eternal things relate to Atid?
7. Why does Heschel urge us to “turn from the results of creation to the mystery of creation” on Shabbat?
8. What is there about creation that makes it a part of this discussion about Shabbat?
9. What is there about creation that makes it such a significant part of this discussion about Atid, as well?
10. Do you take time to separate your week from Shabbat, or do you continue Sisterhood business on Shabbat? How can you change this for the future?
11. Have you thought about making Shabbat a time to focus on personal relationships, instead of committee work?
12. In what other ways can we demonstrate holiness for future Shabbatot?

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