

Vashti's Banquet Welcome

Welcome to Vashti's banquet! A celebration of us... to pamper ourselves and to learn how our ancestors and matriarchs pampered themselves. It seems that they were just as concerned about beauty as we are!

We welcome our "sisters" from our surrounding Tampa Bay area Women's League for Conservative Judaism sisterhoods. Congregation Beth Sholom in Clearwater, Beth Sholom in Sarasota, Congregation Kol Ami in Tampa, and all of our other guests. We hope that this will become an annual event!

Did you know that ancient women had a very holistic view of beauty, they did not separate appearance from body? They felt that whatever they did to their bodies would affect their spirits, and they were very careful about how they presented themselves.

Do you know the top 10 ancient beauty secrets?

1. The ancient women cared for their skin with oatmeal and milk. Cleopatra was legendary for her milk baths.
2. Honey was extremely valuable in ancient days and a symbol of divine blessing. Apply a dot of honey to your face and it will give you a beautiful glow.
3. Ancient women invented mineral cosmetics, and used eye shadows, face powder, blush and lip tints.
4. Ancient women did more than perfume themselves before a romantic evening, they perfumed their beds. The most common scents included cinnamon and spices, which may increase a man's arousal.
5. Ancient worship rituals included burning incense; they knew that scent sets the mood.

To find out the rest you can Google "beauty secrets of the bible by ginger garrett".