

## ALEF BET

### INSTANT PATCHWORK QUILT

Patchwork and quilting are two separate arts that were combined by the early settlers of this country to make beautiful quilts. Patchwork is very simple, requiring only accuracy in making the units. The sewing of patchwork consists only of a straight seam. Quilting is the process of sewing the layers of quilt together by hand. Patchwork and quilting, while pleasant to do, take time and patience – but are indeed worth it.

Instant patchwork quilting is fun to do, for in no time at all, beautiful and lasting easy care quilts, comforters and throws can be made for loved ones. The quilts can be made quickly because you use material with a patchwork design for the top layer of your quilt (there is no need to sew squares together). This patchwork material may be bought at your yard goods department or you may use a “patchwork design” sheet found in the line department. Bed sheets are excellent to use for both top and lining of your quilt. If you buy the no-iron sheets, they are practically care-free and come in widths to fit all beds.

#### **MATERIALS:**

1. Patchwork material – fast dye, cotton fabric.
2. Lining – fast dye, cotton fabric of same good quality as top.
3. Scraps of plain colored material for alphabet.
4. Long needle with large eye.
5. Small ball of matching or contrasting yarn.
6. Batting – enough for 1 or 2 layers (I used two for added puffiness)
7. Dining room table or large work table.
8. Quilting hoop

**QUILT SIZES:** Doll carriage – 14” x 18”  
Baby carriage – 30” x 36”  
Crib – 40” x 46” or 47” x 49”  
Twin – 72” x 90” or 72” x 84”  
Double/Queen – 80” x 90” or 84” x 90”  
King – 108” x 90”

#### **DIRECTIONS:**

1. Lay the lining flat, smoothing it out.
2. Place the batting on top of lining, also smoothed out so that there are no wrinkles.
3. Place the top over these layers and very carefully baste all three layers together.

#### **BASTING:**

1. Starting at center of quilt, baste out to each side through all three layers.
2. Then starting at center again, baste to each corner diagonally. Then baste all outer edges together.

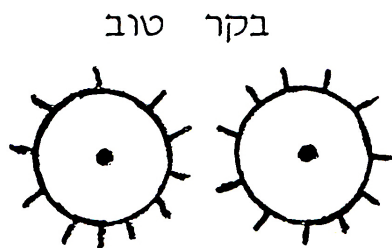
**TACKING:** To tack layers of quilt, tack each corner of patchwork with double yarn – double knot – clip yarn to desired length.

**ALPHABET APPLIQUE:** Alphabet is appliquéd to top layer of quilt before it is tacked together.

1. Enlarge alphabet to size – using Visual Techniques #130 Traditional Alphabet or VT #131 Contemporary Alphabet.
2. Trace and cut alphabet of colored material.
3. Appliqué to top layer of quilt by:
  - a. machine zigzag
  - b. hemming to top layer (allow extra material for hemming)
  - c. embroidering to top layer

**OTHER SUGGESTIONS FOR APPLIQUE:**

1. Zodiac Designs – refer to Research Paper: “The Signs of the Zodiac”.
2. Twelve Tribes – look for designs on holiday greeting cards or children’s puzzles.
3. Reversible quilt or pillow



GOOD MORNING



GOOD NIGHT

4. Bible stories: Adam & Eve, Noah’s Ark, etc.

**USE YOUR IMAGINATION! RESEARCH YOUR OWN THEMES!**

Estelle Epstein  
Connecticut Branch