

**WOMEN'S LEAGUE FOR CONSERVATIVE JUDAISM**  
475 Riverside Drive, Suite 820, New York, NY 10115

**“QUILLO – A PILLOW QUILT”**

**CH #217**

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These instructions are for a 45” x 72” lap quilt which folds up into an 18” square pillow. You will have to make appropriate adjustments for larger or smaller sizes. Sew carefully. Smooth the material to prevent puckering. Gently pull the fabric from the back as you sew

You will need a sewing machine, scissors, straight pins and a ruler.

FABRIC YOU WILL NEED:

4 ½ yards – (45” wide) For best results, select two yards each of two contrasting colors or designs and an additional one-half yard of either of those fabrics. Have the store cut the pieces as follows: 2 yards of A; 2 yards of B; and one-half yard of either A or B. In this manner you can just lay the fabric out and not have to worry about cutting it.

NOTIONS YOU WILL NEED:

Quilt batting, 90” x 108”

When you open the batting to fit the material, one piece will be 45” x 72”

Cut another piece 18” x 18” .

1 all purpose spool of thread in a matching or coordinating color.

QUILT BODY

1. Take both 2-yard pieces of material and lay them on a flat surface with the **RIGHT SIDES** together.
2. Open the batting and cut one piece 45” x 72”. Lay it under both pieces of material. Smooth it all out and pin it all the way around through the 3 thicknesses, leaving an opening of approximately 12” on one end.
3. With the batting side down, place the “B” end of the 12” opening under the presser foot of your sewing machine, leaving a ½ “ seam. Backstitch to lock the thread (SEE FIGURE 1). Starting at “B” and stitching through all three layers, sew a half-inch seam all around the quilt body until you come to the other end of the opening, which is “A”. Backstitch to lock the thread.
4. Trim any uneven edges.
5. Turn the quilt body right side out through the 12 – inch opening
6. Gently push out the corner points

TO FOLD THE QUILT BODY INTO THE PILLOW

Place the quilt on a flat surface with the pillow pocket on the bottom. Fold the quilt into thirds by folding the outside edges, one over the other. Pull the bottom of the pillow pocket up and over the folds. Fold the folded portion of the quilt into thirds and stuff into the pillow pocket, as far as it will go. If folded right, the whole quilt looks like a pillow!

