



*Gemilut Hasadim*

Acts of kindness that anyone can do

Rake, mow or shovel an elderly neighbor's yard or driveway

Bake cookies and bring them to the local fire house

Take a friend to dinner



*Gemilut Hasadim*

Acts of kindness that anyone can do

Call and or visit a shut in

Bake cookies and bring them to the local police department

Pick up trash in a park

Tell your children why you love them



*Gemilut Hasadim*

Acts of kindness that anyone can do

Plant flowers in your yard

Introduce yourself to someone new

Collect cans of food from your neighbors and donate them to a shelter or food bank



*Gemilut Hasadim*

Acts of kindness that anyone can do

Surprise someone with your smile

Visit the animals at a shelter  
Bring food/toys

Bake cookies and give some to the school crossing guard/bus driver/janitor



*Gemilut Hasadim*

Acts of kindness that anyone can do

Bring someone a plant

Recycle/ start a compost heap

Send your grandparents/parents an I love you/thank you card

Donate blood



*Gemilut Hasadim*

Acts of kindness that anyone can do

Read a story to a child

Bake cookies and bring them to a woman's shelter

Write a complimentary letter

Give the gift of your smile



*Gemilut Hasadim*

Acts of kindness that anyone can do

Give someone the benefit of the doubt

Hug or call your brother or sister

Bring your gently used stuffed animals and toys to the hospital



*Gemilut Hasadim*

Acts of kindness that anyone can do

Make hot chocolate and bring some to people who work outside

Extend a hand to someone in need.

Give your full attention and simply listen to someone.



*Gemilut Hasadim*

Acts of kindness that anyone can do

Offer a couple of hours babysitting to new parents

Pay a compliment every day

Transport someone who can't drive



*Gemilut Hasadim*

Acts of kindness that anyone can do

Help make a *minyan*

Volunteer in the nursery school

Donate your slightly used old clothes



*Gemilut Hasadim*

Acts of kindness that anyone can do

Share your favorite recipes with new brides

Make a point of greeting new people in the synagogue

Help someone *kasher* his or her kitchen



*Gemilut Hasadim*

Acts of kindness that anyone can do

Teach someone to knit

Donate large print *siddurim* to your synagogue

Collect eye glasses that are no longer being used and give to an organization that aids those with poor vision