## Selected B'rakhot of Gratitude, Appreciation, and Wonder (For more examples, see Siddur Sim Shalom for Weekdays, pages 222-227)

The insights of wonder must be constantly kept alive. Since there is a need for daily wonder, there is a need for daily worship... This is one of the goals of the Jewish way of living: to experience commonplace deeds as spiritual adventures, to feel the hidden love and wisdom in all things. Rabbi Abraham Joshua Heschel, God in Search of Man, 1955, p.49.

Also quoted in Siddur Sim Shalom for Weekdays, page 222.

Brakhah upon seeing a rainbow occasional wonder	
Praised are You Adonai, our God who rules the universe, who is faithful to Your covenant and who keeps Your word	בָּרוּךְ אַתָּה ה' אֱלֹקֵינוּ מֶלֶךְ הָעוֹלָם זוֹכֵר הַבְּרִית, וְנֶאֲמֶן בִּבְרִיתוֹ, וְקַיָּם בְּמַאֲמָרוֹ
Brakhah upon seeing trees in bloom for the first time each year annual wonder  To be said when one can see 2 flowering trees at the same time	
Praised are You Adonai, our God who rules the universe, for creating Your world so that it is missing nothing, and for creating fine creatures and pleasant trees for people to enjoy.	בָּרוּךְ אַתָּה ה' אֱלֹקִינוּ מֶלֶךְ הָעוֹלֶם שֶׁלֹּא חָסַּר בְּעוֹלֶמוֹ דָּבָר, וּבָרָא בּוֹ בְּרִיּוֹת טוֹבוֹת וְאִילָנוֹת טוֹבִים לְהַנּוֹת בָּהֶם בְּנֵי אָדָם
Brakhah for an eclipse rare opportunity for wonder To be said as soon as the eclipse feels awesome or amazing	
Praised are You Adonai, our God who rules the universe, whose power and might fill the world.	בָּרוּך אַתָּה ה' אֱלֹקֵינוּ מֶלֶךְ הָעוֹלָם שֶׁכֹּחוֹ וּגְבוּרָתוֹ מָלֵא עוֹלָם
Shehehiyanu for new experiences, holidays, very special events	
Praised are you Adonai our God, who rules the universe, for granting us life, sustaining us, and enabling us to reach this day.	בָּרוּךְ אַתָּה ה', אֱלֹקֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהֶחֲיָנוּ וְקִיּמָנוּ וְהִגִּיעָנוּ לִזְּמַן הַזֶּה.
Bathroom	•

## To be said upon leaving the bathroom

Praised are you Adonai our God, who rules the universe, who created the human body with wisdom and fashioned it with holes and other holes, pipes and more pipes. It is known before Your Majestic Throne that if even one of them should fail to function by being closed when it should be open or by being open when it should be closed, it would be impossible to

בַּרוּךְ אַתַּה ה' אֵלֹקִינוּ מֱלַךְ הַעוֹלָם אֲשֶׁר יָצַר אֵת־ הַאָדַם בְּחַכְמַה וּבָרֵא בוֹ נְקַבִים נְקַבִים חַלוּלִים חַלוּלִים גָּלוּי וְיָדְוּעַ לִפְנֵי כִסֵּא כְבוֹדֶךְ שֶׁאָם יִפְּחֲחַ אָחָד מֶהֶם אוֹ יָפַתֶם אָחַד מֶהֶם אִי אָפִשַׁר לְהִתְקֵיֵם function and to stand before You for even one hour. Praised are You, Adonai, who heals all flesh and does wonders.

וְלַעֲמֹד לְפָנֶיךּ אֲפִילוּ שָׁעָה אֶחָת. בָּרוּךְ אַתָּה יְהֹנָה רוֹפֵא כָל־בָּשָׂר וּמַפְלִיא לַעֲשׂוֹת: