

# Let's Dish

Thanks to Congregation Beth El, Voorhees, New Jersey



- Prepare four kosher take home dinners for four people
- Prepare them with friends
- Package them and freeze to use whenever
  
- Skirt steak
- Sweet and sour chicken breast
- Apricot chicken
- Netted turkey breast

The event was held in the synagogue kitchen, with meat from a local kosher food distributor who trimmed the steak, cut up the chickens, etc.

It was limited to 20 participants. Everyone had children under 10 and not enough time to cook during the week.

The evening began with appetizers. After the food preparation, there was wine and dessert.

Each person received a box of flavored rice and a bag of frozen vegetables to go with each meal.